

ABSTRACT

One of the objects of the present invention is directed to homeopathic formulations (a) comprising tinctures and/or diluted extracts preferably subjected to potentization of at least 8 or 9 herbs selected from *Bellis Perennis*, *Calendula Officinalis*, *Hamamelis Virginiana*, *Arnica Montana*, *Hypericum Perforatum*, *Aconitum Napellus*, *Ledum Palustre*, *Bryonia Alba* and *Ruta Graveolens*; or (b) consisting of, as active ingredients, tinctures and/or diluted extracts subjected to potentization of 5, 6 or 7 herbs selected from *Bellis Perennis*, *Calendula Officinalis*, *Hamamelis Virginiana*, *Arnica Montana*, *Hypericum Perforatum*, *Aconitum Napellus*, *Ledum Palustre*, *Bryonia Alba* and *Ruta Graveolens*. The potentized homeopathics are in a base, preferably clear gel base. The homeopathic formulations are highly effective in treating or relieving pain and inflammation. The present invention is also directed to a method of treating or relieving pain and inflammation by administering any of the homeopathic formulations of the invention to a subject, preferably a subject in need of the treatment or relief. Within the scope of the invention is a method of making the homeopathic formulation by mixing the homeopathically prepared herbal active ingredients with a base, preferably a clear gel base.